



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN





- Importance of Positive Relationships
- Unacceptable Behaviour
- GENT & LADIES Behaviour



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN





**Thumbs up:
Good**

**Thumbs Down:
Bad**



**Belfast
City Council**

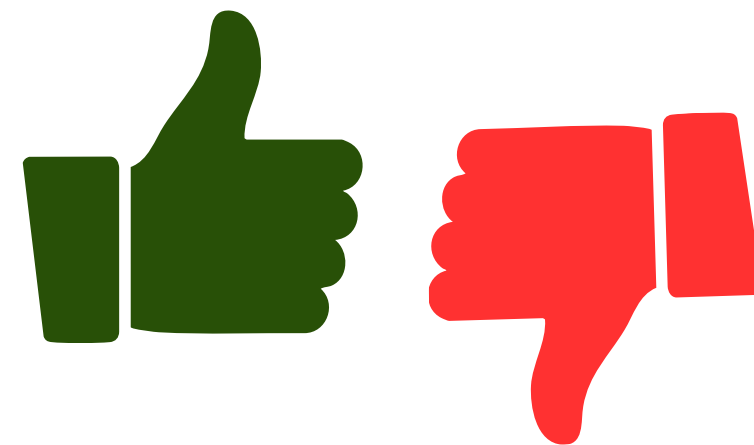


**Northern Ireland
Executive**

Women's Aid
BELFAST & LISBURN



You feel safe being yourself



Belfast
City Council

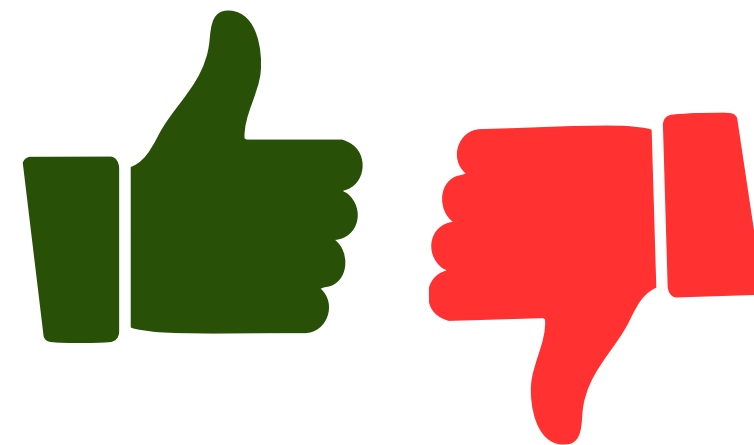


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



People listen when you speak



Belfast
City Council

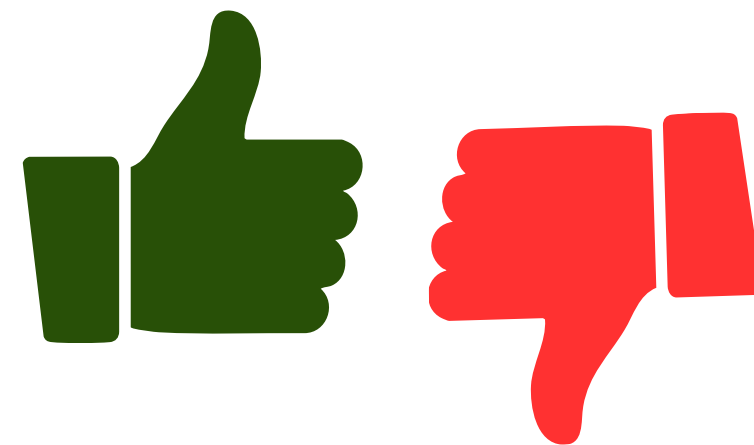


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Someone tells you what to do all the time



Belfast
City Council

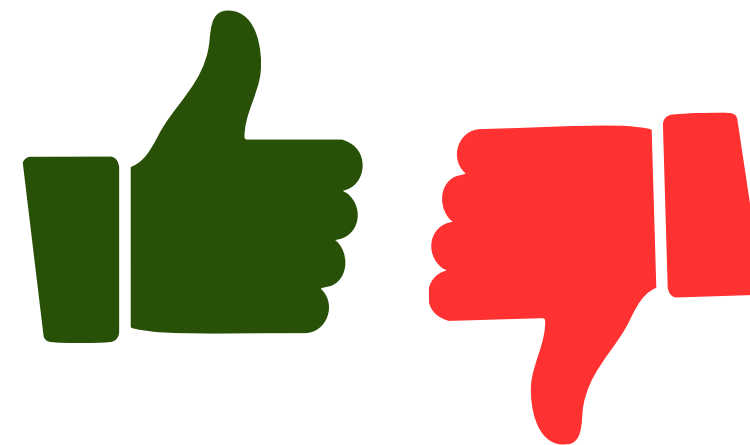


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Consent is important



Belfast
City Council

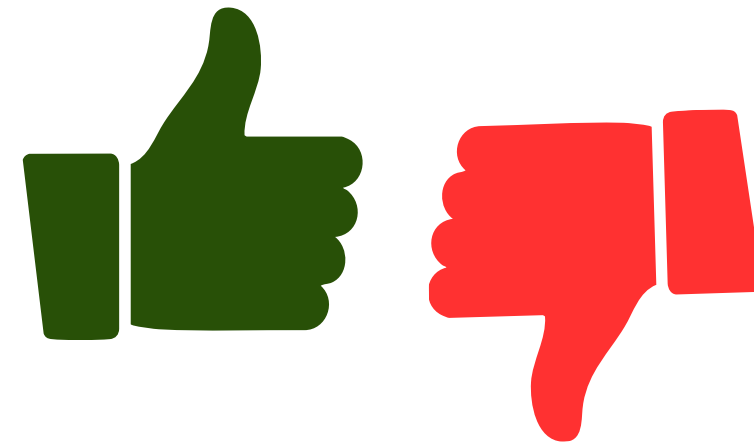


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Peer Pressure



Belfast
City Council

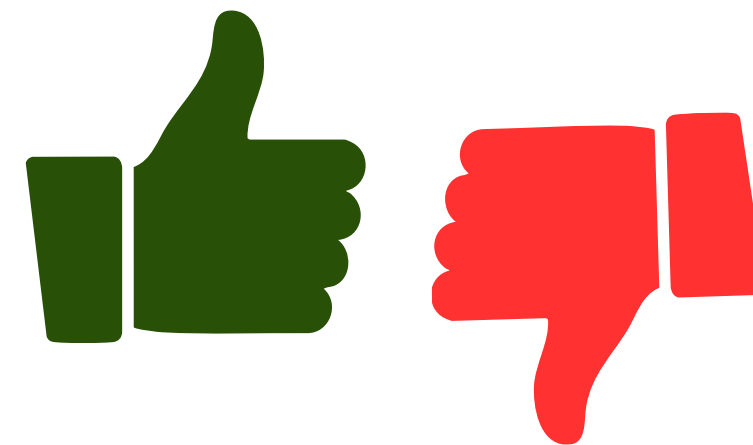


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



You are left out on purpose



Belfast
City Council

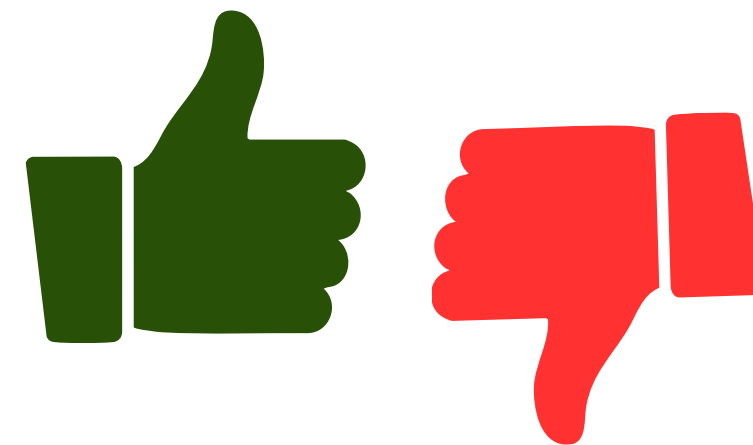


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Sharing opportunities



Belfast
City Council

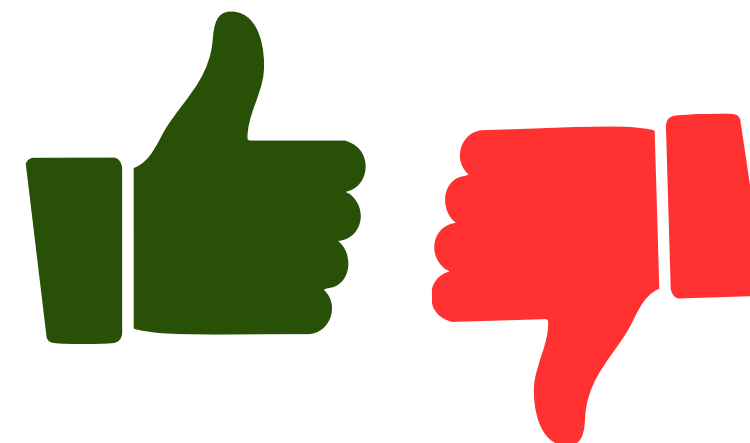


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Someone is mean then says “it’s just a joke”



Belfast
City Council

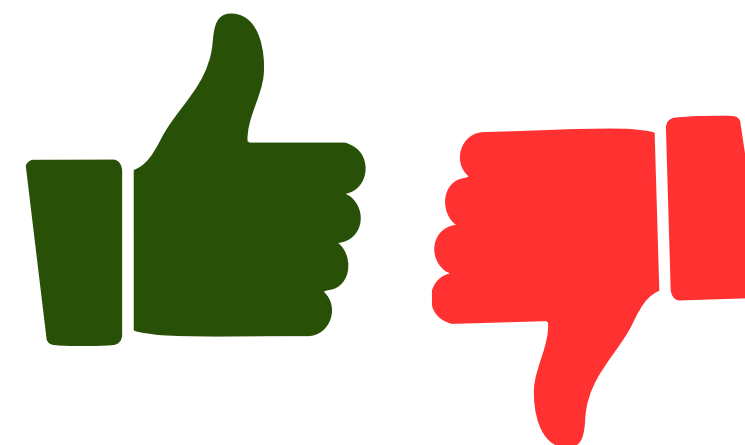


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



You treat people kindly



Belfast
City Council



Northern Ireland
Executive

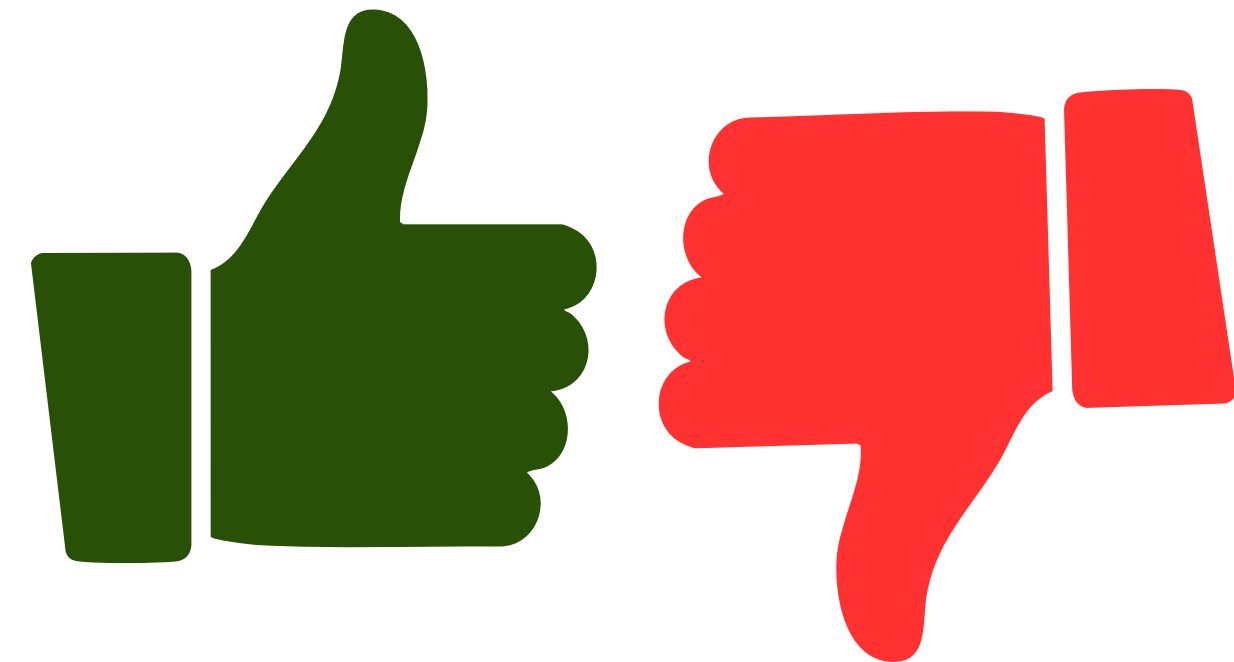
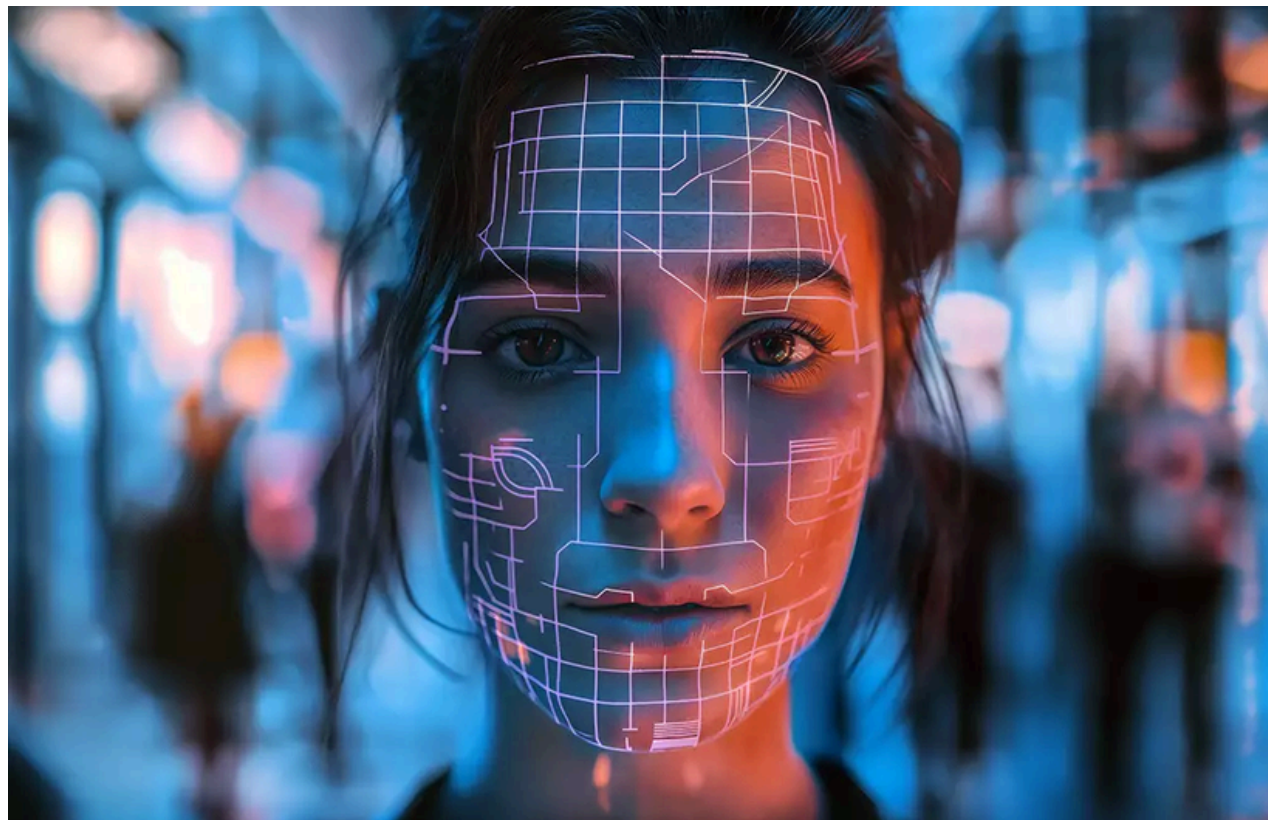
Women's Aid
BELFAST & LISBURN



Emotional Manipulation



Making AI deepfakes



Belfast
City Council

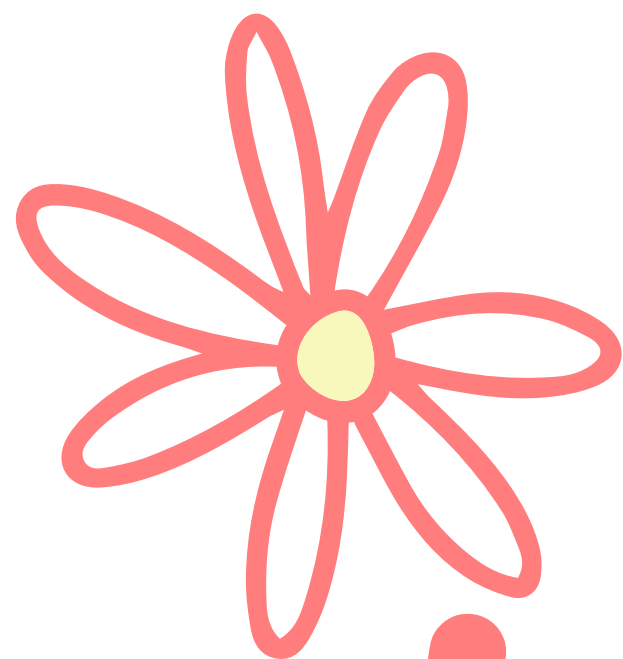


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Be
Kind.



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Misogyny

dislike of, contempt for, or ingrained prejudice
against women.



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Misandry

hatred or contempt toward men



Belfast
City Council



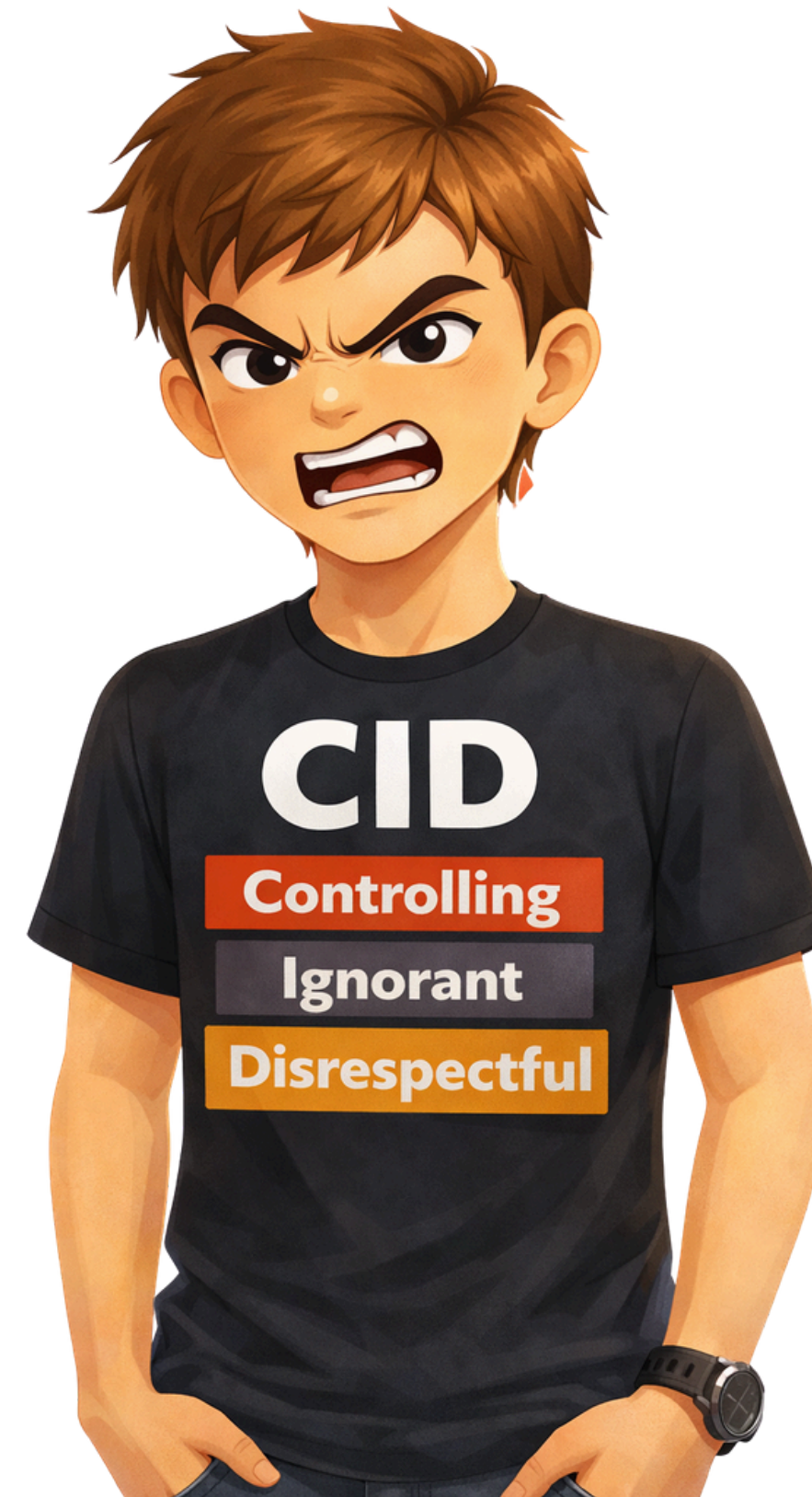
Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Meet CID

- Controlling: Its his way or the highway - he controls everything.
- Ignorant - he does not care about anybody else has to say.
- Disrespectful - he has no respect for anyone.



Belfast
City Council

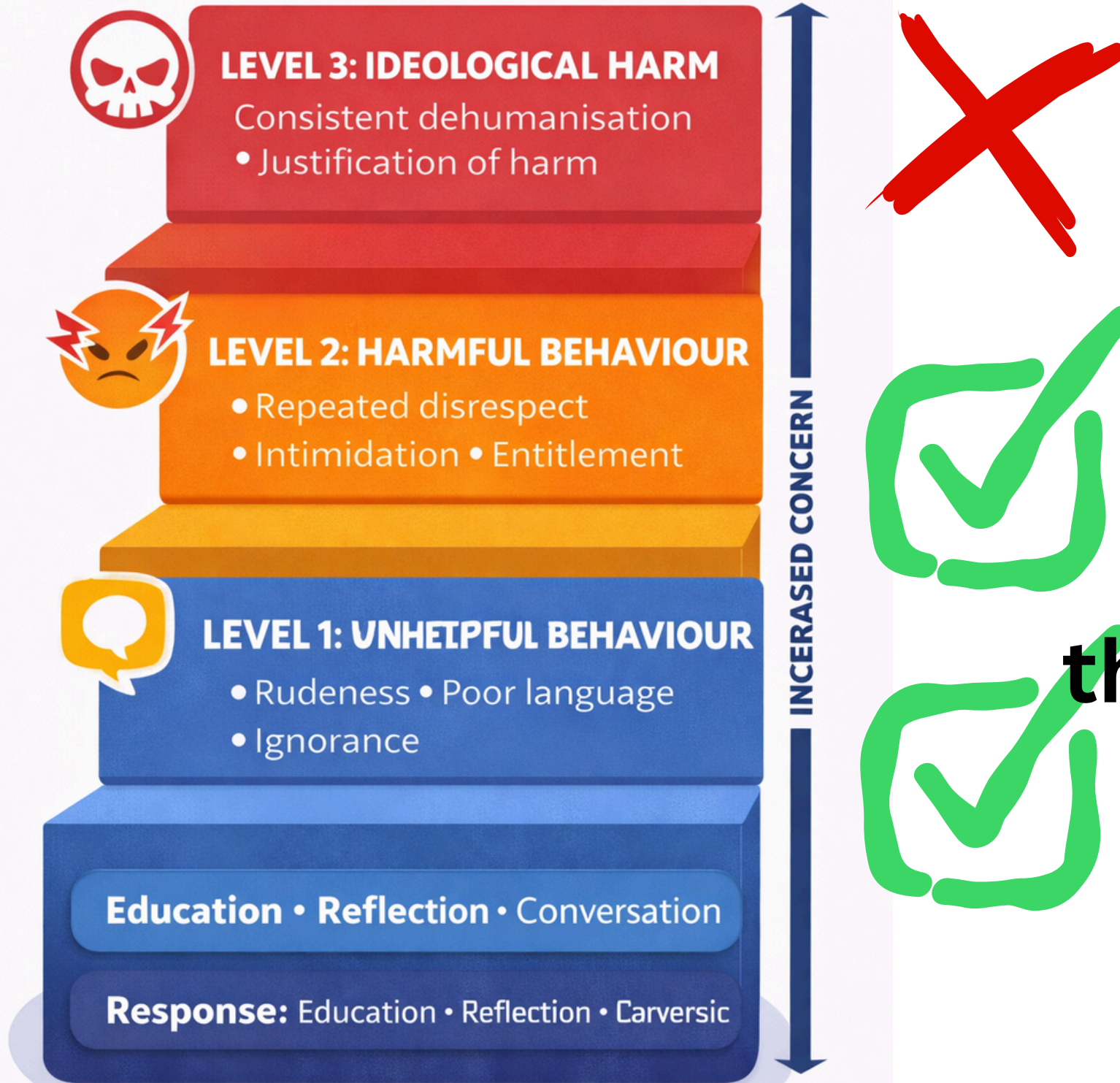


Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Behavioural Threshold Ladder



**We can tackle
through education**



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Meet our Heros

TAMHI Twins



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN





LADIES – How Young Girls Lead in Relationships

L – Listen

Pay attention to how people feel. If a friend seems upset or quiet, check in.

A – Accept

Everyone is different. Accept yourself and others just the way they are.

D – Defend

If someone is being picked on, speak up or tell a trusted adult.

I – Include

Invite others to join games, chats and groups so nobody feels left out.

E – Empower

Say kind things, encourage friends, and help people feel brave and confident.



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



GENT – How Boys Show Respect

G – Genuine

Be real and honest. Treat people the way you want to be treated.

E – Empathy

Notice when someone feels sad or left out and try to help.

N – Non Violent

Look after your friends. Encourage people and help them feel safe. Never uses violence against anyone (unless self defence / fighting sports controlled environment)

T – Trustworthy

Keep promises, don't spread lies, and be someone people can rely on.



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN





What can we do to STOP CID behaviour?



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



Split each group into Teams

**Each Team = Takes a
“What can we do to STOP
CID behaviour” Scenario**

What would a GENT or LADIE do?



**Belfast
City Council**



**Northern Ireland
Executive**

Women's Aid
BELFAST & LISBURN



“If You Loved Me You Would...”

CID behaviour shown:

A teen pressures their partner to skip friends or activities, saying, “You’d choose me if I mattered.” Sulking follows when they don’t get their way.



Belfast
City Council



Northern Ireland
Executive

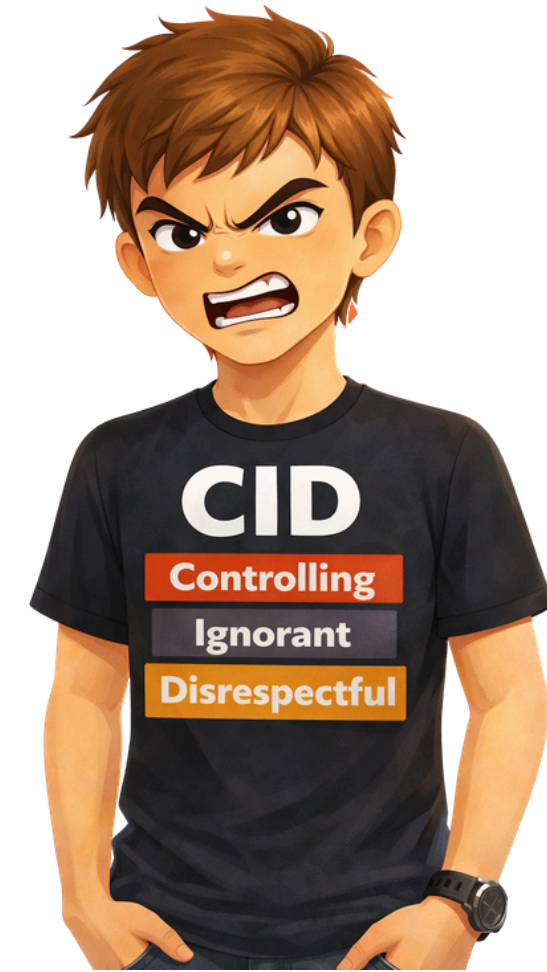
Women's Aid
BELFAST & LISBURN



CID behaviour shown:

A boy screenshots a private message from a girl and shares it in a group chat with laughing emojis.

Others pile on. He says, “It’s just banter.”



Belfast
City Council



Northern Ireland
Executive

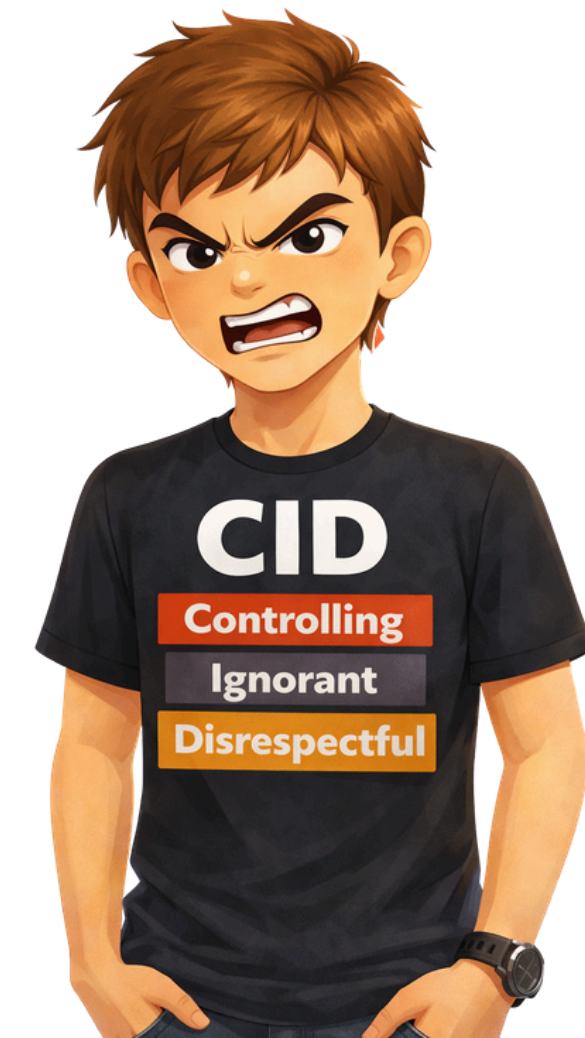
Women's Aid
BELFAST & LISBURN



Public Put-Down

CID behaviour shown:

During class, a boy mocks a girl's answer and laughs when others join in. Later he says, "I didn't mean it like that."



Belfast
City Council



Northern Ireland
Executive

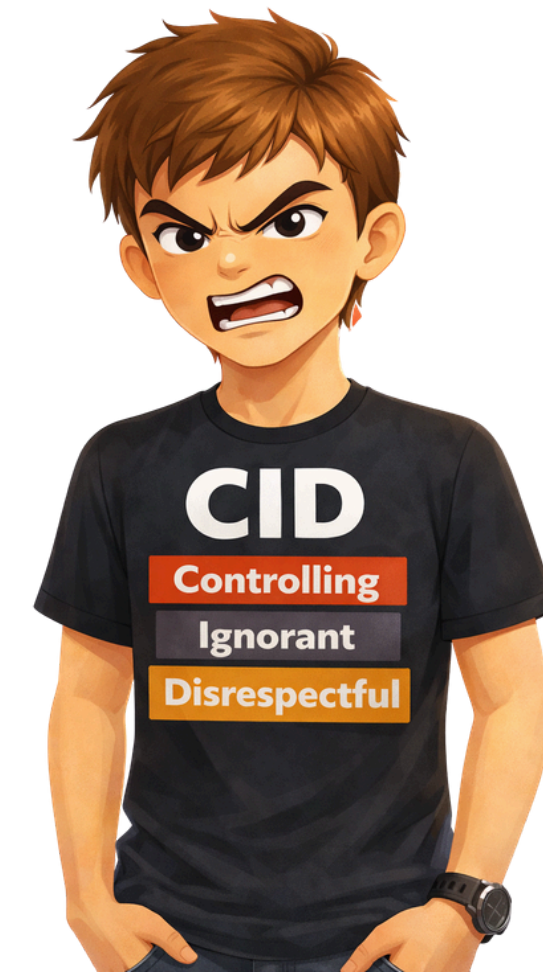
Women's Aid
BELFAST & LISBURN



“All Girls Are Like That”

CID behaviour shown:

**After a breakup, a teen posts videos saying girls are manipulative and can't be trusted.
Friends agree and reinforce it.**



**Belfast
City Council**



**Northern Ireland
Executive**

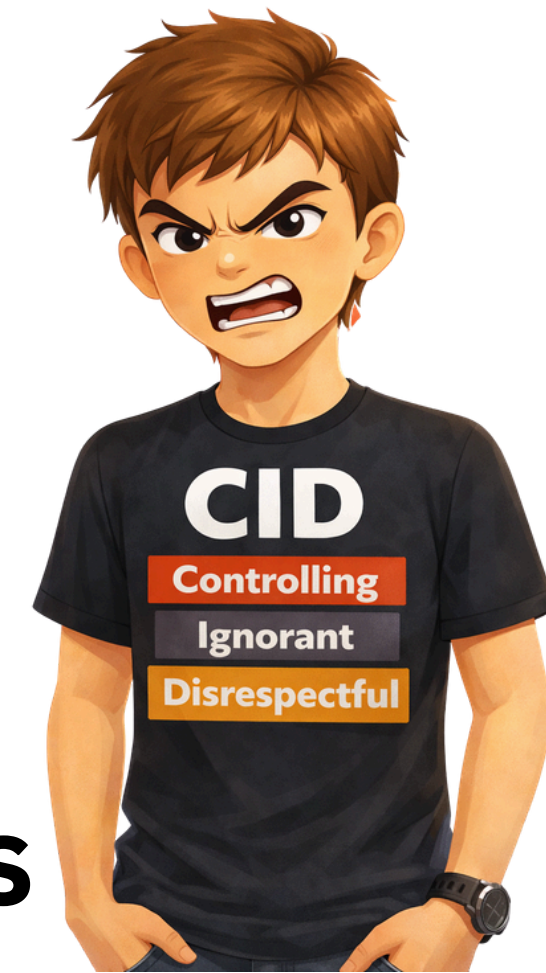
Women's Aid
BELFAST & LISBURN



Ignoring a Clear “No”

CID behaviour shown:

Someone keeps asking for photos after being told no. They say, “I’m just asking” and keep pushing.



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN



CID behaviours are choices, not identities.

They can be challenged, unlearned, and replaced.

That's prevention.

That's growth. And that's how you stop harm without writing young people off.



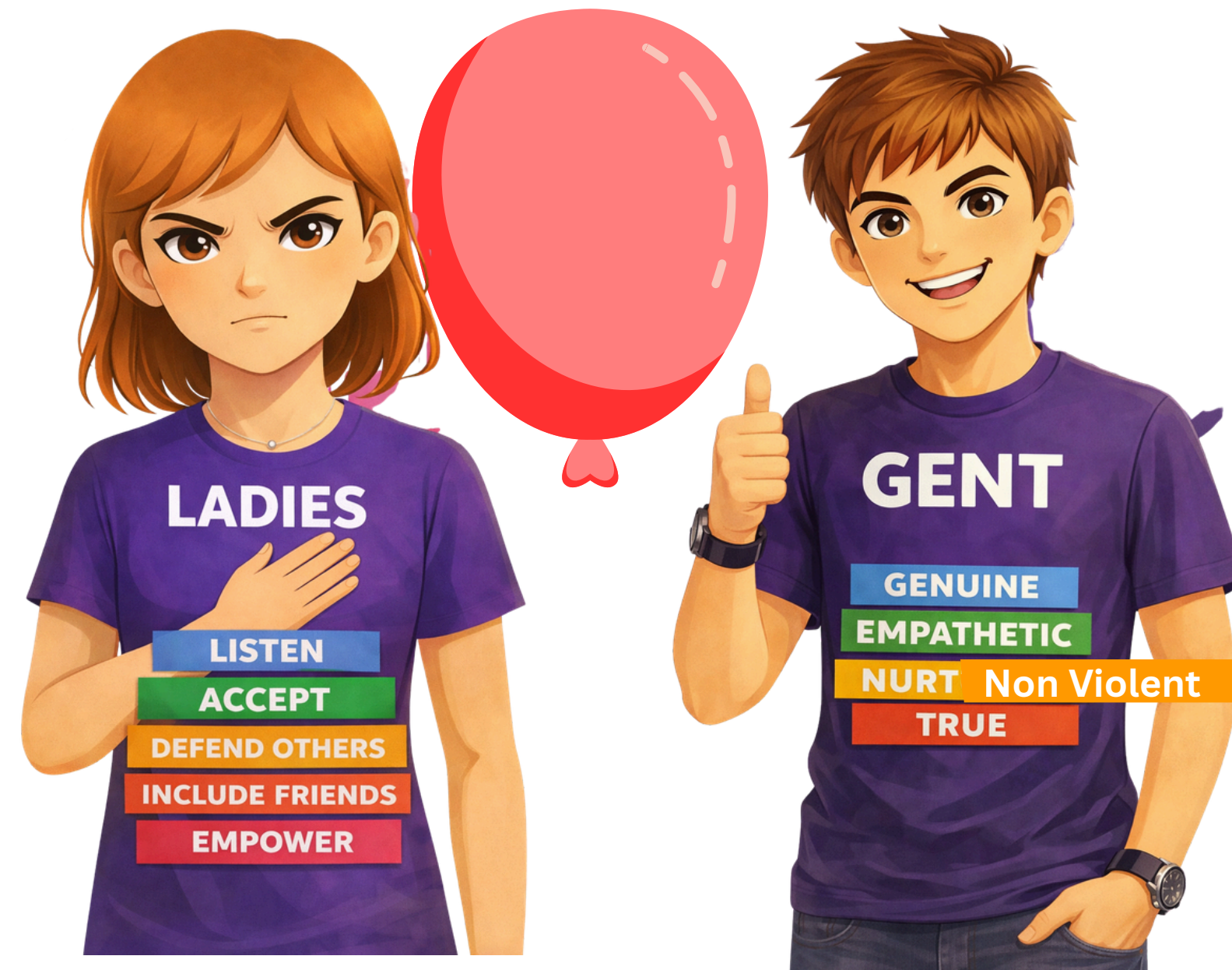
**Belfast
City Council**



**Northern Ireland
Executive**

Women's Aid
BELFAST & LISBURN





Relationship Goals



Belfast
City Council



Northern Ireland
Executive

Women's Aid
BELFAST & LISBURN

