# GPS Programme

- Games
- Protection
- Support

MENTAL HEALTH CHARITY
T.A.M.H.I
(Tackling Awareness of Mental Health Issues)

## PROJECT PLAN

NORTH BELFAST ENDING VIOLENCE AGAINST WOMEN AND GIRLS

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# Overview

Violence against women and girls (VAWG) encompasses a range of harmful behaviors rooted in gender inequality, including physical, sexual, emotional, and psychological abuse. This violence can occur in various settings, such as homes, workplaces, and public spaces, and affects individuals across all demographics.

In Northern Ireland, domestic violence remains a significant concern. According to the Police Service of Northern Ireland (PSNI), there were 19,036 domestic abuse crimes recorded in the 2020/21 financial year, marking the highest level since data collection began in 2004/05. Notably, 69% of these victims were female, underscoring the gendered nature of this issue.

# Project Statement

North Belfast Women's Aid have training content specific to Ending Violence Against Women and Girls.

TAMHI has evidence based games that promote Relationships , Anti Bullying, Choices, Life Skills that can all pertain to creating an innovative program that will ensure great engagement and tackle root causes of violence against women and girls , particularity among males.

We have through the North Belfast Partnership (New Local Planning Pilot) spoke with lots of groups through “Education” , “Health & Wellbeing”, “Youth” and “Sports, Culture & Arts” Thematic Groups and came together in what would have been 4 applications and we are working on one.

TAMHI will design a program of which we have agreed content with Women's Aid in line with EVAWG strategy (Train the Trainer).

TAMHI will identify Champions who will be trained to deliver the co designed programme and oversee the delivery across North Belfast engaging Women's and Girls and Boys and Men.

We will also deliver events and creative hook based projects to engage people who would not typically connect with current programmes on offer e.g Men.  This will be delivered strategicly between April 24 and March 25.

# Aims

Our Overarching aims for our programmes:

- Changed Attitudes, Behaviours, and Culture

Educate society about violence against women and girls, its root causes, and the role everyone can play in prevention.

- Healthy, Respectful Relationships

Equip participants with tools to build and maintain healthy, respectful relationships.

- Women and Girls will feel Safer

Empower women and girls to recognize violence, advocate for themselves, and seek support when needed.

# Outputs
# (by March 2026)

- 237 Young males aged 10-17 engaged in structured EVAWG programme
- 87 adult males aged 18-55 in structured EVAWG programme
- 300 young females aged 10-17 take part in a structured EVAWG programme
- 60 Adult Females engaged in a strctured EVAWG
- 7 Awareness/Campaign raising events delivered
- 31 sessions and 155 EVAWG education going into North Belfast Community
- Recruit 50 GPS Champions (Coaches/Facilitators to support North Belfast Community.

## Outcomes (by March 2026)

- 90% show improved Changes in Attitudes and Behaviours towards the need to End Violence against Women & Girls
- 90% Males show increased understanding about the need for positive relationships
- 90% females feel better informed and supported to access survives if required
- 80% feel more confident standing up for those subjected to violence and know how to signpost and support
- 80% those that attend awareness events feel better aware of services.

# FEMALE

Target Groups
(by March 2026)

- The main strategy is about keeping females safe.
- In 2024, eight women and girls were killed in Northern Ireland, with many of these deaths linked to domestic violence.
- Between 2020 and 2024, 24 women were violently killed in Northern Ireland, predominantly by men. 77% of victims are female.
- These PSNI statistics highlight a concerning trend in domestic violence-related fatalities in the region.
- We will target sports teams as we have ready made audiences.

# MEN

Target Groups
(by March 2026)

- This project will target men aged 18 plus. According to the Police Service of Northern Ireland (PSNI), in the 2023/24 period, 67% of domestic abuse crime victims were female, while 33% were male.
- This suggests that a significant majority of domestic abuse incidents involve male perpetrators.
- Our engagement shows that men particularly those aged 18 plus DO NOT engage in any initiative aimed at EVAWG
- We will use football clubs/ sport to engage men aged 18-35 ensuring a guaranteed audience
- We will use Golf as a tool to engage men aged 35 plus ensuring a guaranteed audience

# TEENS

Target Groups
(by March 2026)

- This project will target young males and females aged 12-18 in post primary school settings
- By working with  schools you get guaranteed numbers.
- Feed back from our youths highlight the need for this program as many have experienced a form of domestic violence.
- 1 in 5 boys feels it is ok to post nasty stuff and shout at girls in the street
- Feedback from our schools project highlights that 1 in 2 girls aged 16 have received unwanted photos.
- TAMHI Female leaders (12) have all stated they have been subjected to inappropriate comments from males.
- Women's Aid Federation Northern Ireland reported that in the 2023/24 financial year, 291 children stayed in their emergency accommodation refuges, and they supported an additional 7,637 women living in the community.

# Primary

Target Groups
(by March 2026)

- This project will target young males and females aged 10-11 in primary school settings
- By working with schools you get guaranteed numbers.
- After speaking to principals four schools have indicated that there are 7 kids on the child protection register with restraining orders against fathers due to domestic violence.
- We wish to highlight this stat again: Women's Aid Federation Northern Ireland reported that in the 2023/24 financial year, 291 children stayed in their emergency accommodation refuges, and they supported an additional 7,637 women living in the community.

| Group | | Male Kid | Adult | Female | Adult |
|---|---|---|---|---|---|
| Cruesaders | u12 | 10 | | 10 | |
| | u13 | 10 | | 10 | |
| | u14 | 10 | | 10 | |
| | u15 | 10 | | 10 | |
| | u16 | 10 | | 10 | |
| | u17 | 10 | | 10 | |
| | u18 | 10 | | 10 | |
| 22nd Ladies FC | | | | | 20 |
| 22nd Males FC | | | 20 | | |
| St Patricks FC | | | 20 | | |
| QUB Dance | | | 2 | | 20 |
| Pearces GAC M&O | | | | | 20 |
| Holy Cross PS | | | | 20 | |
| Mercy PS | | | | 20 | |
| SVDP | | 10 | | 10 | |
| St Patricks | | 10 | | 10 | |
| Carrs Glen | | 10 | | 10 | |
| Holy Family Boys | | 10 | | 10 | |
| St Tereas | | 10 | | 10 | |
| Seaview | | 10 | | 10 | |
| Lowwood | | 10 | | 10 | |
| Currie PS | | 10 | | 10 | |
| Old Bank | | | 10 | 0 | |
| Cliftonvill Golf | | | 15 | 0 | |
| Darraghs Golf | | | 20 | 0 | |
| Blessed Trinity | | 50 | | 50 | |
| Hazelwood | | 30 | | 30 | |
| Dominican | | | | 30 | |
| | Total | 230 | 87 | 300 | 60 |
| | **Total** | | **297** | | **360** |

END VIOLENCE AGAINST WOMEN & GIRLS

STRATEGIC FRAMEWORK 2024-31

Northern Ireland Executive

## What is Violence against women and girls?

Violence against women and girls is an umbrella term used to cover a wide range of harm, abuse, and violence against women and girls because of their gender

Pyramid of Gender Based Violence

## Violence against women and girls is comprised of actions and the threat of actions including:

**physical, sexual, psychological and emotional violence** occurring in the family including children and young people (Domestic Abuse), in the general community, or in institutions, including coercive control and stalking

**sexual harassment, bullying, and intimidation** in any public or private space

**workplace sexual harassment** ranging from sexual jokes or comments to unwanted sexual advances, requests for sexual favours and other verbal or physical conduct of a sexual nature

**commercial and non-commercial sexual exploitation of women and girls, trafficking, child sexual abuse, so-called honour based violence,** including female genital mutilation, forced and child marriages, and so-called honour crimes

**harmful sexual behaviour** which is sexual behaviours expressed by children and young people that are inappropriate or abusive

**online and technology facilitated abuse** [or gender based violence] including cyberstalking, cyber flashing, sexual harassment, grooming for exploitation or abuse, image based sexual abuse and abuse through emerging technologies such as 'internet of things' devices

**financial abuse** such as controlling a woman's or girl's access to their money, taking loans or credit cards in their name,or using their money without their permission

**everyday harm** caused by everyday misogyny, sexist jokes and language, and discrimination which contributes to an atmosphere in which the threat of violence, specific or general is consistently in women's minds

Strategic Alignment & Delivery

**Step 1: Create hybrid Games/Task Based Project's with Women's Aid Guidance and TAMHI youths that have experienced ACES : Key areas Agreed Structure: Design a Train the Trainer Course: 50 GPS Champions (all be vetted / qualified Coaches with Experience in delivery)**

**Step 2: Identify & Train Local North Belfast Leaders/Coaches /Facilitators (50 GPS Champions)**

**Step 3: Support Delivery in Schools , Sports Clubs, Through Events**

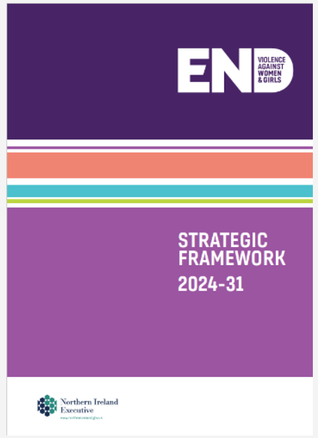
**Step 4: Review and Engage with Women's Aid & Stakeholders to ensure achieved outcomes**

**Step 5: Support Network Established /Shared Learning**

**Essential Content within all elements:**

- Introduction to the programme and setting goals.
- Exploring the root causes of violence against women and girls (Attitudes, Behaviours, Values)
- Building skills for healthy, respectful relationships.
- Strategies for preventing and responding to violence.
- Reflection, celebration, and agree next steps.

# Strategic Alignment & Delivery




## Prevention

**In-Sport Workshops: Sessions that incorporate co-designed educational content with Women's Aid, using popular sports to discuss gender respect and challenge stereotypes.**

**Golf Programme: Adult Males: Build on the successful model used with men recovering from addiction who have been involved in domestic violence incidents. The programme will focus on: Understandsing & Attitude Change**

**Female Empowerment Programme**

~~**Female Empowerment Event**~~

**Collaborative Workshops for all genders**

## Working Better Together

**Support gathering of evidenced based data.**

**Share Good Practice**

**Gather "Lived Experience"**

**Support strong leadership: work towards** becoming a change agent while fostering collaboration and shared innovation.~~**being a change agent - supporting co-creation .**~~

**Combining our commitment to Mental Health in line with tackling Violence Against Women and Girls.**

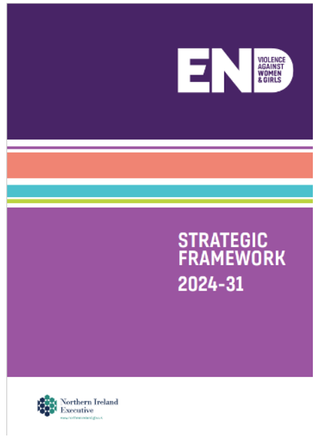
## Justice System

**Build Trust through Transparency: Promote open communication between the community and PSNI, helping individuals understand the process and ensuring their concerns are handled confidentially and respectfully.**

**Enhance Community Support Networks: Strengthen partnerships with local organizations and PSNI to create a supportive, non-judgmental environment where individuals feel safe seeking help.**

## Protection

**Link with frontline services ie Nexus/ relate ni/ women's aid maybe ensure we are aware of their services, how to access the services and what to expect = increase confidence in reaching out for support.**




# Prevention

**Male In- Sports Workshops: Sessions that incorporate co-designed educational content with Women's Aid, using popular sports to discuss gender respect and challenge stereotypes.**

Male Engagement through Sport and Games primary ~~(Schools)~~ - post primary & Male Teams (adult males?)

Target Audience: Young males in schools, leveraging games and sports to engage and educate.

Activities:

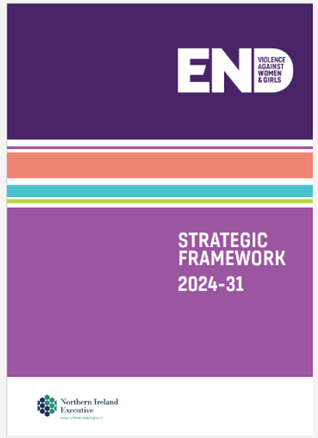
In- Sport Workshops: Sessions that incorporate co-designed educational content with Women's Aid, using popular sports to discuss gender respect and challenge stereotypes.

Delivery:

- Review statistics and stories - emotional connection
- Deliver Games based approach: Based on role play and thematic learning (we have evidenced based games for Relationships and Anti Bullying which can be modified to connect with this topic)
- Hybrid: Team Tasks - explore root causes - gender inequality, toxic masculinity and society norms
- Explore harmful behaviours
- Group Work: Take Action and bystander intervention techniques
- Role Models and Positive Peer Messages

Programme Structure:

- Duration: Each programme consists 5 sessions (1 hour each plus add 30 min travel time to each ) 7.5hrs per group can be weekly/grouped sessions, concluding with a celebration event.
- Introduction to the programme and setting goals.
- Exploring the root causes of violence against women and girls.
- Building skills for healthy, respectful relationships.
- Help in the understanding of abusive relationships within the home/workplace/school
- Strategies for preventing and responding to violence.
- Reflection, celebration, and discussing next steps.




## Prevention

**Golf Programme: Adult Males: Build on the successful model used with men recovering from addiction who have been involved in domestic violence incidents. The programme will focus on:**

Golf Programme:

4 Golf Projects Focused on Men aged 35 and above- using our evidenced based approach ~~using~~ with the power of Golf to connect with men. Dedicated Training Day - Play Golf/Learn the key information /Pledge support to End Violence against women and girls and NOT be a bystander.

Build on the successful model used with men recovering from addiction based on real life stories who have been involved in domestic violence incidents.

The programme will focus on:

- Using golf to instill discipline, understanding, and respect in relation to EVAWG.
- Embedding lessons on violence prevention and healthy relationships within each session.
- Services and resources attending to speak to men about EVAWG

Programme Structure:

Duration: We will deliver 4 projects - all in Belfast area.

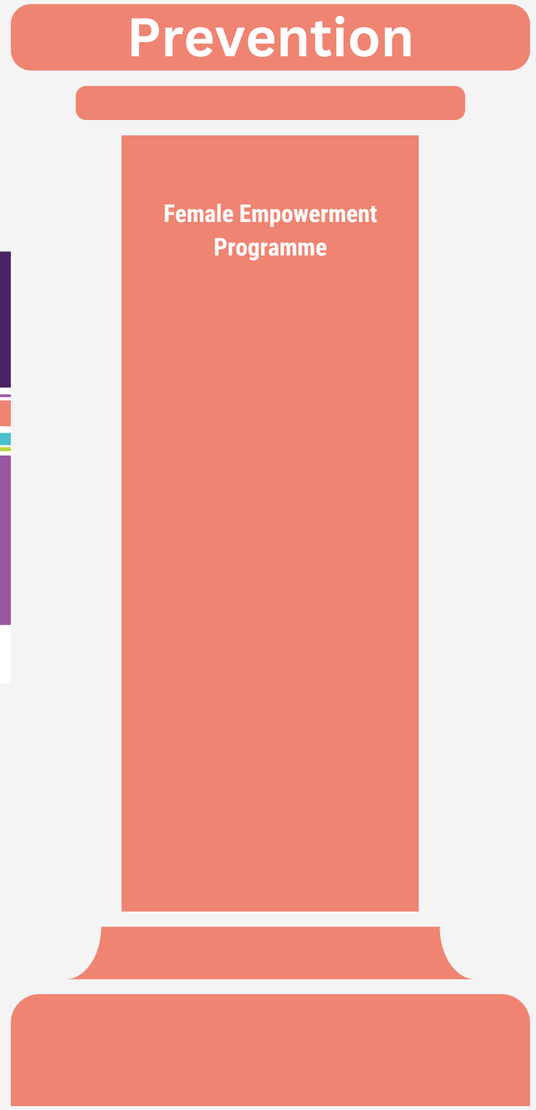
- Introduction to the programme and setting goals (Clubhouse)
- Exploring the root causes of violence against women and girls. Holes 1-6
- Building skills for healthy and respectful relationships. Hole 7- 12
- Strategies for preventing and responding to violence - Hole 13-18
- Reflection, celebration, and next discussing steps. (Clubhouse)

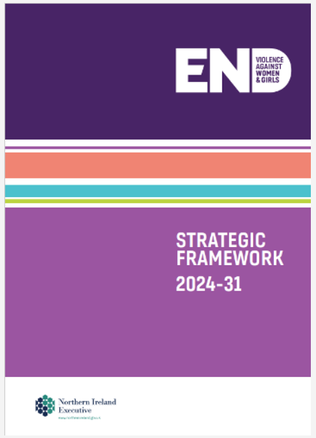
Allocate 5 hours per event - 4 events

**We will try two approaches that work with Mental Health Golf Projects**

1. **Each Hole has a talking point about EVAWG and 2 facts - Quiz talk at the end.**

1. **Campaign where have Golfers coming in 4 balls and there resources and speakers from services with allocated slots**




Female Empowerment Programme through Sport and Games primary (Schools) - post primary & female Teams

Target Audience: Women and girls in the community.

Activities:

Age specific content

Workshops: Co-designed with Women's Aid to empower women and girls with knowledge about:
Identifying and responding to violence.

Reporting incidents and accessing support networks.

Games and Celebratory Events: Activities designed to build confidence and foster community connections, culminating in a final celebration to share key messages and inspire others.

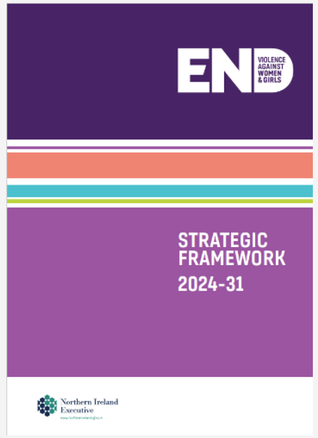
Programme Structure:

Duration: Each programme consists of 5 sessions (1 hour each plus add 30 min travel time to each ) 7.5 hrs  can be weekly/grouped sessions, concluding with a celebration event.
Provisional Session Breakdown:

- Introduction to the programme and setting goals.
- Exploring the root causes of violence against women and girls.
- Building skills for healthy, respectful relationships.
- Strategies for preventing and responding to violence.
- Reflection, celebration, and discussing next steps.

**Prevention**

**Female Empowerment Event**

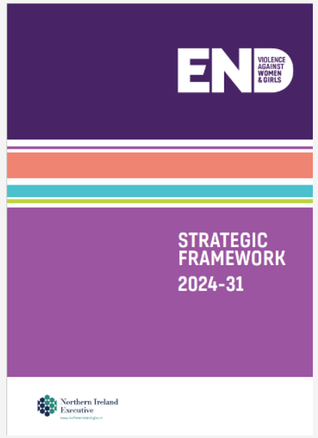



Events

- We will run a number of events to campaign for Ending Violence Against Women and Girls
- We will run a GAA mothers and others competition
- We will run ladies football competition

Why events?

- These are great vehicles to help services connect with people.
- When we run events people access services.
- Allocate 5 hours per event
- 1 EVAWG Football Awareness Event - led by 22nd Ladies FC and link with NIWFA
- 2 GAA Mothers and Others Events - invite services to talk and give out information, increase connection and confidence.

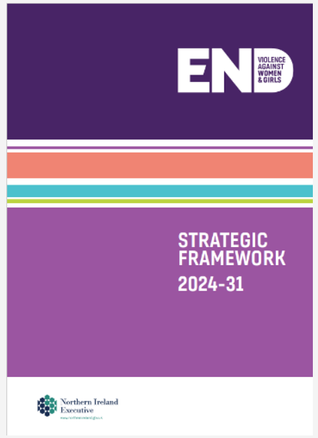



**Prevention**

**Collaborative workshops for all genders**

Collaborative Workshops for  all Genders /Single identity (Primary Schools)

- Target Audience: Mixed-gender age specific groups,
- Activities:
- Workshops to promote dialogue, mutual understanding, and respect. 5 sessions (1.5hrs each)
- Joint sporting events that emphasize teamwork and gender equality.
- Access and distribute resources from NSPCC co-designed with young people from Footprints centre Belfast.




## Working Better Together

Support gathering of evidenced base data.

Share Good Practice

Gather “Lived Experience”

Support strong leadership: work towards being a change agent - supporting co-creation .

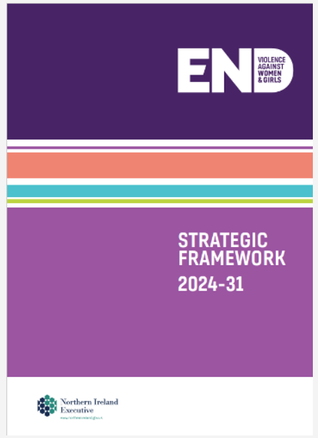
Combining our commitment to Mental Health in line with tackling Violence Against Women and Girls.

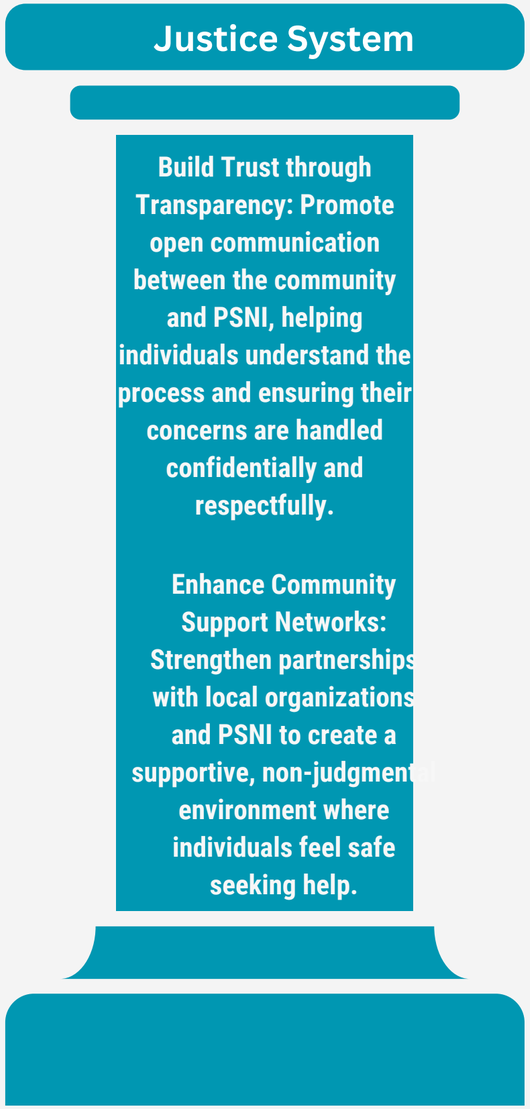
TAMHI will work with any community based partners to share knowledge.

We will aim to create opportunities to connect with groups and service users.

We will link the Mental Health Services - as our work deals with ACES and Trauma as a result of Domestic Violence.

PSNI will support us by attending events/programmes

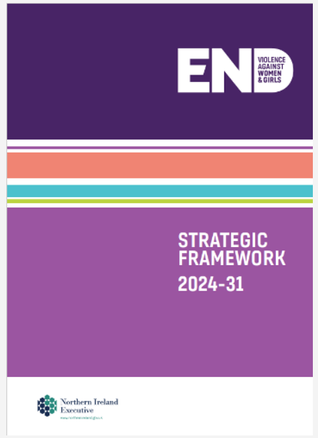



Build Trust through Transparency: Promote open communication between the community and PSNI, helping individuals understand the process and ensuring their concerns are handled confidentially and respectfully.

Enhance Community Support Networks: Strengthen partnerships with local organizations and PSNI to create a supportive, non-judgmental environment where individuals feel safe seeking help.

Create new videos and campaigns with services to highlight justice.




**Protection**

**Link with frontline services ie Nexus/ relate ni/ women's aid maybe ensure we are aware of their services, how to access the services and what to expect = increase confidence in reaching out for support.**

Raising awareness of frontline services.  How to access them, what to expect from them and to increase confidence in reaching out to them.

Built in within the programme,

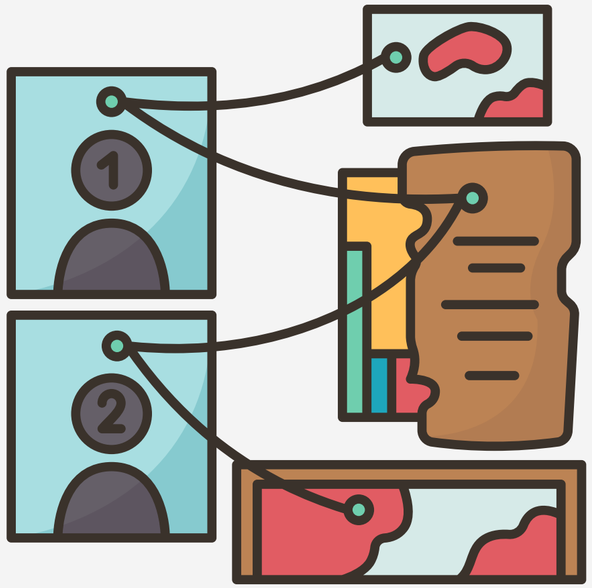
Raise awareness of how to be safe, how to access support and to become familiar with services. Events will help with achieving this, speakers, resources and we will gather videos of how the services work. .

# Delivery

| Key | Female Empowerment | In Sports (Males) | Men Golf | Female Empower Event | Collorative | Training & Developmnent | Team Meet |
|---|---|---|---|---|---|---|---|

| | April | May | June | July | Aug | Sept | Oct | Nov | Dec | Jan | Feb | Mar |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| TAMHI | Train Trainer Training & Developmnent | | Team Meet | Team Meet | Team Meet | Team Meet | Team Meet | Team Meet | Team Meet | Team Meet | Team Meet | Team Meet |
| **Sports** | | | | | | | | | | | | |
| Crues Academy | | | In Sports (Males) | | | | | | | | | |
| M U12 | | | In Sports (Males) | | | | | | | | | |
| M U13 | | | In Sports (Males) | | | | | | | | | |
| M U14 | | | In Sports (Males) | | | | | | | | | |
| M U15 | | | In Sports (Males) | | | | | | | | | |
| M U16 | | | In Sports (Males) | | | | | | | | | |
| M U17 | | | In Sports (Males) | | | | | | | | | |
| M U18 | | | In Sports (Males) | | | | | | | | | |
| F U12 | | | Female Empowerment | | | | | | | | | |
| F U13 | | | Female Empowerment | | | | | | | | | |
| F U14 | | | Female Empowerment | | | | | | | | | |
| F U15 | | | Female Empowerment | | | | | | | | | |
| F U16 | | | Female Empowerment | | | | | | | | | |
| F U17 | | | Female Empowerment | | | | | | | | | |
| F U18 | | | Female Empowerment | | | | | | | | | |
| 22nd Ladies FC | | | | | | | | | Female Empowerment | | | Female Empower Event |
| 22nd Old Boys FC | | | In Sports (Males) | | | | | | | | | |
| QUB Dance | | Female Empowerment | | | | | | | | | | |
| Pearces GAC M&O | | | | Female Empower Event | Female Empowerment | | | Female Empower Event | | | | |
| St Patricks Fc men FC | | | In Sports (Males) | | | | | | | | | |
| **Primary** | | | | | | | | | | | | |
| Holy Cross PS | | | | | | Collorative | | | | | | |
| Mercy PS | | | | | | Collorative | | | | | | |
| SVDP PS | | | | | | Collorative | | | | | | |
| St Patricks PS | | | | | | | | | Collorative | | | |
| Carrs Glen PS | | | | | | | | | Collorative | | | |
| Holy Family PS | | | | | | | | | Collorative | | | |
| St Tereas PS | | | | | | | | | Collorative | | | |
| Seaview PS | | | | | | | | | Collorative | | | |
| Lowwood PS | | | | | | | | | Collorative | | | |
| Currie PS | | | | | | | | | Collorative | | | |
| **Community** | | | | | | | | | | | | |
| Resilient Active Youth | | Collorative | | | | | | | | | | |
| Old Bank (Mens) | | | | | Men Golf | | | | | | | |
| **Mens 35+** | | | | | | | | | | | | |
| Cliftonvill Golf | | | Men Golf | | | | | | | | | |
| Darraghs Golf | | | | Men Golf | | Men Golf | | | | | | |
| **Post Primary** | | | | | | | | | | | | |
| Blessed Trinity | | | | | | | Collorative | | | | | |
| Hazelwood College | | | | | | | Collorative | | | | | |
| Dominican College | | | | | | | Collorative | | | | | |

# Analysis
# Current Track Record



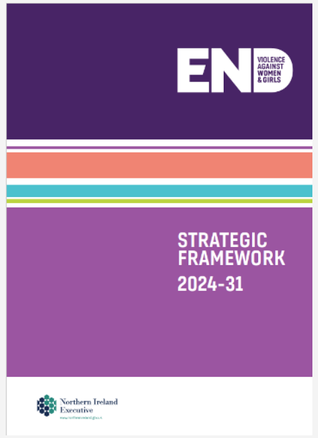

TAMHI has successfully delivered programs focused on mental health, particularly in relation to violence against women and girls. Our approach is rooted in an understanding of Adverse Childhood Experiences (ACEs) and a trauma-informed framework.

- We have delivered an annual programme focused on ACES working with young people who have  grew up with Domestic Violence.

- Don’t be a CID (Cocky, Ignorant , Disrespectful) programme has been delivered to 400 young male leaders since 2019 - this is all about values base and tackling what would be root causes that impact violence against women and girls but under the mantra of positive choices = positive mental health outcomes.

- We have delivered Big Sister Project with our Girls Group 2021/2022 with great success 20 young females and they explored consent, labels, inappropriate images and touched on violence against girls, spiking of drinks and sexual assault. **The feedback was 100% felt more confident after taking part.**

# Need: Stats




## What we know

Acknowledging the scale of violence against women and girls and the impact it is having in the lives of women and girls is an important first step in addressing the problem. Evidence of the prevalence of all forms of violence, abuse, and harm is scarce due to a lack of recorded statistics. Part of what this Strategic Framework will do is to gather and coordinate relevant data and evidence to inform how to address the issues and end violence against women and girls. Part of what we do know is shown below.

Almost **4 in 5** victims of sexual offences, recorded by PSNI in 2022/23, where the gender of the victim was known, were female

PSNI, 2023

**71%**

In UK, **71%** of women of all ages have experienced some form of sexual harassment in a public space

UN Women UK

In 2022/23, the median number of days taken to complete cases where the main offence was a sexual offence was **675 days,** the longest for any of the offence categories

Department of Justice, 2024

**75%** of girls experienced street harassment at least once in their lifetime

YLT, 2022
Young Life and Times Survey

Almost **1 in 5** young males aged 16, believe posting jokes or nasty comments of a sexual nature on social media, or cat calling, wolf whistling and shouting at someone in the street are acceptable behaviours

YLT, 2022
Young Life and Times Survey

**1 in 2 girls,** aged 16, have received an unwanted intimate photo/ video at least once in their lifetime

YLT, 2022
Young Life and Times Survey

We know while men and boys also suffer from many of these forms of violence, abuse and harm, the majority of victims are female and violence against women and girls is predominantly, but not exclusively, a pattern of behaviour perpetrated by men against women. Therefore, our mandate asks us to focus on violence against women and girls specifically.

77% of all victims of sexual offences recorded by PSNI were female

**Trends in Police Recorded Crime in Northern Ireland 2022/23**

Of those convicted of sexual offences in 2022, at all courts combined, 99% were males

**Court prosecutions and out of court disposals statistics, 2022**

## Oldpark (Local) PSNI Stats- North Belfast Highest level

| | | | | |
|---|---|---|---|---|
| All Domestic Abuse Incidents | 2023/24 | Oldpark | number | **1,343** |
| All Domestic Abuse Crimes | 2023/24 | Oldpark | number | **900** |
| All Domestic Abuse Incidents | 2022/23 | Oldpark | number | **1,429** |
| All Domestic Abuse Crimes | 2022/23 | Oldpark | number | **1,006** |
| All Domestic Abuse Incidents | 2021/22 | Oldpark | number | **1,373** |
| All Domestic Abuse Crimes | 2021/22 | Oldpark | number | **932** |

# Why we Need: Lived Experience

- Lived Experience Planning Group
- TAMHI Employee grew up with domestic violence , with abusive partner trying to burn him and family alive.
- TAMHI young leader mother imprisoned for killing violent partner.
- TAMHI young leaders mother sexual abused.
- TAMHI Leader who has suffered gaslighting and stalking.
- Manager of a hostel service that works with men who are homeless, affected by addiction and some under PSNI supervision.
- Spoke with Women's Aid to explore challenges and opportunities and draw on their expertise

# Need: Consultation

- School Youth: Needs to fun and not 100% classroom based - idea hybrid Games/Workshop Approach was created.
- School Need: Teachers have highlighted that Education needed for Males/Females - challenging trying break down mixed gender classes. (Talked to 30 young males and 30 young females)
- TAMHI Youth Committee (24 total - 16 Girls 8 Male aged 16-21): Want a fun engaging approach to  such as dark topic - suggested sports and games.
- Female GAA & Football Teams (Pearce's GAA & 22nd Ladies) and Queens Dance University  - Female empowerment programme and dedicated events where services are accessible and can encourage people to attend to learn about them.
- Evidence base: Don’t be a CID very successful Male Value Programme - 400 males with 90% showing better attitudes and development of values base (which in this line tackles root causes)
- Adult males (TAMHI Men's Groups - 35 males aged 30+)  - indicated - no sport or activity , no programme.  There is an element of distrust to programmes that basically display what they see as common sense  , as in “do not be violent against women” - Golf and Football presented as a “Hook” - we have evidence base of 9 holes mental health which is facts and education at each hole and proven to work so we are adopting.
- PSNI: support with stats and they have indicated their officers will support delivery with information about what happens when people reach out - inspire instil confidence in people coming forward.
- Women's Aid: We have met with North Belfast Women's Initiative  - who will provide services and expertise on a consultation basis (they are bidding in their own right), but as part of North Belfast Partnership are happy to advise, as well as provide any signposting within the remit of their services that exist to support vulnerable people.

# Implementation Plan

Create a stakeholder team to oversee delivery.

Phase 1: Planning and Design (Months 1-2)

- Collaborate with Women's Aid to co-design workshop and session materials.
- Identify and recruit participants through schools, community groups, and local organizations.
- Engage trained facilitators with expertise in sport-based interventions and domestic violence prevention.

Phase 2: Programme Delivery (Months 3-8)

- Conduct weekly sessions for both male and female programmes.
- Monitor and support participant engagement through regular check-ins and feedback.
- Document sessions to capture key learnings and participant progress.

Phase 3: Celebration and Reflection (Month 9-11)

- Host celebration events to showcase the outcomes and impact of the programme.
- Share testimonials and success stories to inspire replication of the model.

Phase 4: Evaluation and Reporting (Month 12)

- Evaluate programme effectiveness using:
- Participant feedback surveys.
- Pre- and post-programme attitude and knowledge assessments.
- Case studies of impact.
- Produce a final report highlighting outcomes, challenges, and recommendations.

# Risk Assessment

## 1. Participant Safety and Well-being

| Risk | Likelihood | Impact | Mitigation Strategy |
|---|---|---|---|
| Participants disclose experiences of violence or trauma | High | High | Ensure trained facilitators are available; establish clear referral pathways to professional support services; provide a trauma-informed approach in all sessions. |
| Emotional distress due to sensitive topics | Medium | High | Create a safe and supportive environment; allow participants to opt out of discussions if needed; provide access to counseling support. |
| Potential conflicts or aggressive behavior in group settings | Medium | High | Implement clear codes of conduct; train facilitators in conflict resolution; ensure staff are equipped to de-escalate situations. |

## 2. Engagement and Retention Risks

| Risk | Likelihood | Impact | Mitigation Strategy |
|---|---|---|---|
| Low participant engagement or drop-out | Medium | High | Use incentives such as certificates and rewards; regularly gather feedback to adapt programme delivery; engage community leaders to promote involvement. |
| Resistance to discussing gender-based violence topics | Medium | Medium | Frame discussions in relatable and practical ways, using sports as an entry point; employ male and female role models to foster inclusivity. |

# Risk Assessment

## 3. Operational and Logistical Risks

| Risk | Likelihood | Impact | Mitigation Strategy |
|---|---|---|---|
| Inadequate facilitators or staff shortages | Medium | High | Conduct comprehensive facilitator training before programme launch; maintain a pool of backup facilitators. |
| Scheduling conflicts with schools and community groups | Medium | Medium | Coordinate in advance with key stakeholders; offer flexible scheduling options. |
| Poor attendance due to external factors (weather, exams, holidays) | Medium | Medium | Schedule sessions in alignment with school and community calendars; provide alternative session formats if needed. |

## 4. Reputational and Ethical Risks

| Risk | Likelihood | Impact | Mitigation Strategy |
|---|---|---|---|
| Public backlash or criticism of programme content | Low | High | Engage with local stakeholders and Women's Aid to ensure messaging is aligned with best practices; communicate programme objectives clearly. |
| Breach of participant confidentiality | Low | High | Train facilitators on confidentiality policies; obtain informed consent from all participants. |
| Ethical concerns regarding engagement with male participants with histories of violence | Medium | High | Implement strict screening and behavior monitoring policies; require participation in accountability and behavioral change components. |

# Risk Assessment

## 5. Financial and Sustainability Risks

| Risk | Likelihood | Impact | Mitigation Strategy |
|---|---|---|---|
| Insufficient funding to complete the programme | Medium | High | Secure diverse funding sources; develop partnerships with local businesses and government agencies. |
| Difficulty in sustaining programme beyond initial phase | Medium | High | Establish long-term partnerships; document impact to attract future investment. |

- Regular risk assessment reviews will be conducted throughout the project lifecycle.
- Facilitators and stakeholders will report emerging risks to ensure timely adjustments.
- Evaluation at programme completion will inform future risk management strategies.

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(Tackling Awareness of Mental Health Issues)

# THANK YOU

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