

Game: Relationship Goals

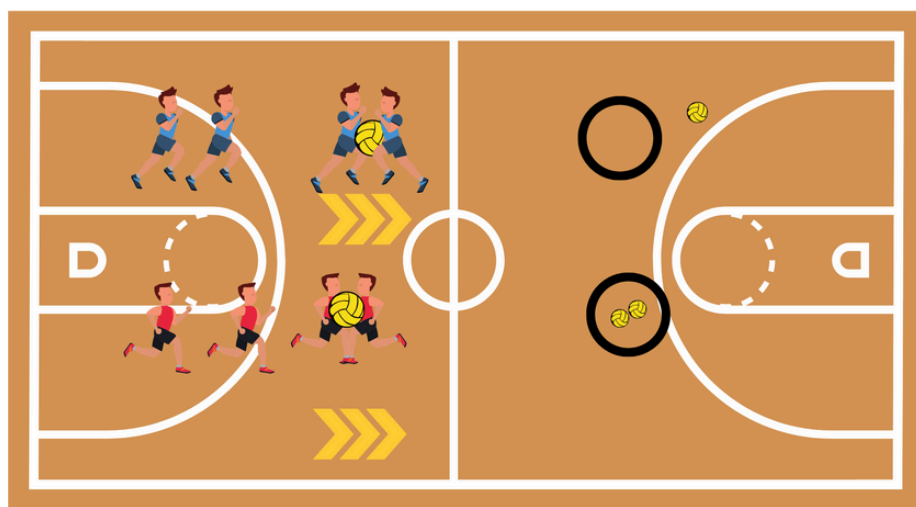
15-20 Minutes

Learning outcome (s)

Work as a team
Value Positive Relationships
Support each other
Stability/Structure/Support -
essential for good mental health

Equipment:

Hoops/Cones
Balls/Balloons



Delivery notes:

- Split into teams based on numbers e.g. 30 in class , 6 teams of 5
- The aim of the game is to get the balls/balloons in the hoops or Squared Off Cone Section WITHOUT USING YOUR HANDS
- This must be done in teams of two
- The ball or balloon cannot touch the ground unless it within the hoop or squared off cones section
- The Ball/Balloon must not be touched by arms/hands
- If so you return to the beginning
- Only balls/balloon which stay in the hoop or squared off cones section count towards points



Relationship Goals



Positive Relationships are important for our mental health. We can all help and support each other.



Relationship Goals is about working together in pairs to solve a problem. You must work together to get a ball from Point A to Point B without using your arms, hands or feet. s.



This is about communication , helping each other and having fun, which are all good for relationship



Play the Game:SHOW



- Good
- Team Player/
- Help each other
- Good Talking
- Encourage



Bad

- Unhelpful
- No respect
- Poor effort
- No Support

