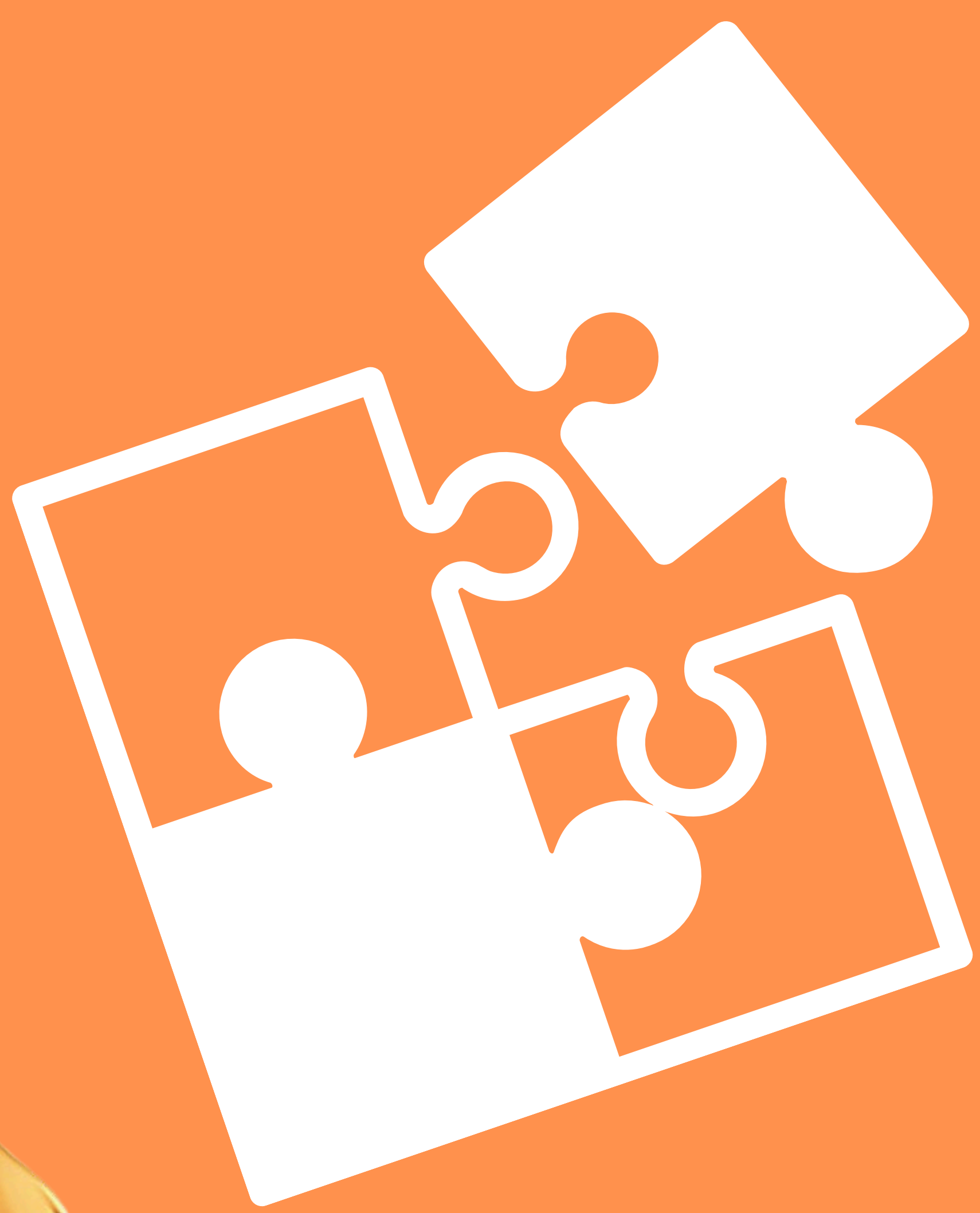




MIND-FULL PLAY

"Promoting Wellbeing Through Play"



Problem Solving



Why problem-solving skills are important

Everybody needs to solve problems every day. But we're not born with the skills we need to do this – we have to develop them.

When you're solving problems, it's good to be able to:

- listen and think calmly
- consider options and respect other people's opinions and needs
- negotiate and work towards compromises.

These are skills for life – they're highly valued in school and social situations..





List 5 BIG and 5 small Problems



Problem

Solution



Game Station Broke



**Don't know
Something in
School .**



**You see a
person making
someone else
feel bad.**



**Your pet
has died.**

